

ERIKA SCHUPAK NEUBERG, PH.D.

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SUMMARY

Compassionate, eclectic, and experienced clinical psychologist/life coach committed to helping clients deepen their sense of meaning and purpose and navigate life challenges and transitions. Philanthropist/political advocate dedicated to bringing people together to strengthen pro-social and democratic institutions.

EDUCATION

MAY 1986

B.A., POLITICAL SCIENCE, COLORADO COLLEGE, COLORADO SPRINGS

MAY 1991

M.A., PSYCHOLOGY, ARIZONA STATE UNIVERSITY, TEMPE

AUGUST 1994

PH.D., PSYCHOLOGY, ARIZONA STATE UNIVERSITY, TEMPE

PROFESSIONAL EXPERIENCE

MAY 2017-PRESENT

LIFE COACH-PRIVATE PRACTICE, CHANDLER, AZ

Provide motivational coaching (in person and virtually) utilizing a positive psychology approach with a focus on life transitions.

DECEMBER 1994-APRIL 2017

LICENSED PSYCHOLOGIST-PRIVATE PRACTICE, SCOTTSDALE, AZ

Provided psychological services to adults, children, and couples with a special focus on women's issues, identity/self-esteem, eating disorders, and parenting/family dynamics.

AUGUST 2012-AUGUST 2016

CLINICAL SUPERVISOR, SCOTTSDALE, AZ

Mentored and trained Arizona State University Department of Psychology doctoral students.

MAY 1995-AUGUST 2000

ADJUNCT FACULTY MEMBER, ARIZONA STATE UNIVERSITY, TEMPE, AZ

Participated in collaborative research projects in the Department of Psychology.

POLITICAL ENGAGEMENT AND COMMUNITY SERVICE

MARCH 2013-PRESENT

NATIONAL BOARD MEMBER, AMERICAN ISRAEL PUBLIC AFFAIRS COMMITTEE

Cultivate relationships with political leaders and other force multipliers to advocate for the strategic partnership between the United States and Israel; participate in policy and fiduciary oversight of the organization.

MAY 1995-PRESENT

BIPARTISAN PRO-ISRAEL ACTIVIST

Help educate and elect leaders on both sides of the aisle who support a strong US-Israel relationship.

JANUARY 2021-PRESENT

CHAIR, ARIZONA INDEPENDENT REDISTRICTING COMMISSION

Unanimously selected by four partisan commissioners to lead the once-a-decade process of redrawing Arizona's congressional and legislative boundaries. Maps were certified January 21st, 2022; term expires January 2031.

MARCH 2022-PRESENT

BIG, BIG BROTHERS BIG SISTERS OF CENTRAL PHOENIX

Provide ongoing emotional, social, and academic support to an at-risk youth.

MARCH 2022-PRESENT

VOLUNTEER, I-CAN

Supervise and mentor school-aged children at a free, award winning after-school program serving a low-income community.

JANUARY 2016-FEBRUARY 2021

BOARD MEMBER/FORMER VICE CHAIR, JEWISH COMMUNITY RELATIONS COUNCIL OF GREATER PHOENIX

Engage in advocacy, interfaith outreach, and community bridge-building both within and outside the Jewish community.

JUNE 2014-OCTOBER 2018

CAPITAL CAMPAIGN CO-CHAIR, CONGREGATION BETH TEFILLAH OF SCOTTSDALE

Co-led successful fundraising effort for a new building for a modern orthodox synagogue.

OCT 2018-OCTOBER 2019

CHAIR, ARIZONA JEWISH HISTORICAL SOCIETY HERITAGE AWARD

Led annual event to promote its historical, cultural, and artistic contributions to Arizona.

SEPTEMBER 2006 –AUGUST 2010

EXECUTIVE COMMITTEE MEMBER, TEMPLE EMANUEL OF TEMPE

Helped grow temple membership, manage fiduciary responsibilities, and guide strategic planning.

FEBRUARY 2003 –DECEMBER 2008

CAPITAL CAMPAIGN CHAIR, TEMPLE EMANUEL OF TEMPE

Led successful fundraising effort for a major building expansion for a reform synagogue.

AWARDS/FELLOWSHIPS

OCTOBER 2013

BIG BROTHERS BIG SISTERS OF CENTRAL ARIZONA MATCH OF THE YEAR

Mentored a "little" from the town of Guadalupe for five years.

JULY 2009 –AUGUST 2011

WEXNER HERITAGE FELLOW

Studied history, thought, and biblical texts as part of program to train future Jewish leaders.

MAY 2006

SOL APPLEMAN TEMPLE EMANUEL OF TEMPE SERVICE AWARD

ACADEMIC PUBLICATIONS

Stice, E., Schupak-Neuberg, E., Shaw, H. E., & Stein, R. I. (1994). The relation of media exposure to eating disorder symptomatology: An examination of mediating mechanisms. *Journal of Abnormal Psychology, 103*, 836-840.

Schupak-Neuberg, E., & Nemeroff, C. J. (1993). Disturbances in identity and self-regulation in bulimia nervosa: Implications for a metaphorical perspective of "body as self." *International Journal of Eating Disorders, 13*, 335-347.

Schupak-Neuberg, E., & Nemeroff, C. J. (1992, June). *Metaphorical meanings of food: The role of magical contagion in bulimia*. Presented at the Fourth Annual Convention of the American Psychological Society, San Diego, CA.

Lengua, L. J., Roosa, M. W., Schupak-Neuberg, E., Michaels, M. L., Berg, C. N., & Weschler, L. F. (1992). Using focus groups to guide the development of a parenting program for difficult-to-reach, high-risk families. *Family Relations, 41*, 163-169.